

31<sup>st</sup>

ESPEN  
Congress



THE EUROPEAN  
SOCIETY FOR  
CLINICAL  
NUTRITION AND  
METABOLISM

# Vienna, Austria

29 August - 1 September 2009

From the Cell to Europe

# NUTRITION NETWORKING

# VIENNA

[www.espen.org](http://www.espen.org)

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## Welcome Message

*Dear Colleagues, dear Friends,*

On behalf of the Austrian Society for Clinical Nutrition (AKE) it is a pleasure and a privilege to invite you to the 31<sup>st</sup> ESPEN Congress on *Clinical Nutrition and Metabolism* to be held at Vienna from August 29<sup>th</sup> to September 1<sup>st</sup>, 2009.

Located in the heart of a Europe melting more and more together, lying at the banks of the Danube, an European artery connecting West and East, Vienna with its great scientific and cultural heritage and a centuries old tradition of hosting people of various cultures certainly is predestined for organizing this ESPEN Congress 2009 (actually the ESPEN congresses in 1982 and 1992 have already been in Vienna). The modern Messe Congress Center is situated at the Vienna Prater, a large recreational area and is easily accessible from all parts of the city by underground.

Our motto "Nutrition Networking – From the Cell to Europe" suggests a holistic view of metabolism and nutrition from isolated cellular events to a patient as a whole, from an isolated metabolic intervention to a therapy which is an essential component in the global therapeutic approach of the patient, from a single individual to society. "Networking" also indicates an interdisciplinary and interprofessional cooperation of physicians, nutritionists, dieticians, pharmacists, an integration of basic science, clinical medicine and education and last but not least also a promotion of an international exchange and cooperation.

Present day Vienna is a cosmopolitan, dynamic city with a booming cultural and economic life. With its rich architecture, the sound of music in the air, the "Kaffee-Haus" and wine at the "Heuriger" an acclaimed Central European "fusion cuisine", certainly we can offer you in Vienna not only a high pitched scientific programme but also an ambiance where you can relax, meet friends, exchange ideas.

Networking also means meeting people, see old and make new friends. This will be ideally possible at a Vienna ball, the Nutrition Ball 2009 at the Vienna City Hall.

We are inviting all of you warmly to the 31<sup>st</sup> ESPEN Congress and hope to welcome you in Vienna 2009. Come to Vienna next year.



**Prof. Michael HIESMAYR**

President of the ESPEN 2009 Congress

**Prof. Erich ROTH**

Chairman of the Local Scientific Committee

**Prof. Wilfred DRUML**

Chairman of the Local Educational Committee

# Main topics of ESPEN 2009

## Scientific programme

Networking with your microbiota  
The new world of lipid mediators  
Reverse Epidemiology: Fatter is better?  
Optimal energy to the critically ill  
A critical view to the oxidative/ antioxidative network  
From genomics to metabolomics  
Maintenance of musculoskeletal mass: interplay of nutrition and exercise  
Orexigenics: Fighting appetite loss  
Anabolic steroids in malnutrition of chronic disease  
Metabolic care in high risk patients: The chronic alcoholic  
Cancer malnutrition  
Protein-energy wasting in kidney disease  
The elderly: A Vitamin-D deficient species  
Tracing metabolic networks  
Inter-splanchnic networking  
Bariatric surgery and metabolic syndrome  
New ways for treating obesity  
Catch up growth and children obesity  
Metabolism and Nutrition in critically ill children

## Educational activities

Normoglycaemia in acute disease  
Hypernatraemia – a serious and iatrogenic problem  
Neglected deficiencies in severe malnutrition: phosphate and thiamine  
Probiotics for all?  
Jejunal tubes – a missed opportunity  
Nutritional implication of renal replacement in the critically ill  
Better hospital food – alternatives to supplements  
Nutrition after discharge from hospital – hospital home network connections  
Nutriceuticals in the healthy  
Optimal lock for catheters  
Network session

## New LLL modules on nutritional support

Nutritional support in paediatric patients II  
Nutritional support in injury and sepsis  
Nutrition in obesity  
Nutrition and disease prevention

## 4 LLL modules in German language

## 14 old LLL modules

# Committees

## LOCAL ORGANISING COMMITTEE

Michael Hiesmayr, *President*  
Wilfred Druml, *Vice-President*  
Erich Roth, *Vice-President*  
Ibrahim Elmadfa  
Peter Fasching  
Andrea Hofbauer  
Klara Jadrna  
Friedrich Längle  
Kurt Widhalm

## LOCAL SCIENTIFIC COMMITTEE

Erich Roth, *Chairman*  
Sabine Gabor  
Oliver Galvan  
Michael Joannidis  
Jürgen König  
Monika Lechleitner  
Gerhard Prager  
Brigitte Winklhofer-Roob

## LOCAL EDUCATIONAL COMMITTEE

Wilfred Druml, *Chairman*  
Anna Maria Eisenberger  
Thomas Frühwald  
Sonja Fruhwald  
Karin Schindler  
Barbara Schmid  
Christian Vaculik

## NATIONAL AUSTRIAN SOCIETY

AKE -Austrian Society for Clinical Nutrition  
Wilfred Druml  
*President*  
Klara Jadrna  
*Scientific secretary*  
Romana Schlaffer  
*Scientific assistant*

**Nutrition Networking**  
**From the Cell to Europe**



# 31<sup>st</sup> ESPEN Congress



## Vienna

The capital of Austria, a city with about 2 million inhabitants, is situated at the heart of Europe, and is lying on the banks of the majestic Danube River. The City's ever-changing history has left an indelible mark, manifested in a rich cultural heritage. Vienna's ultimate fascination stems from combining imperial grandeur with cosmopolitan spirit, a composition which emerged after the break-up of the Austro-Hungarian Monarchy. Viennese writers, musicians, artists, and scientists have influenced many aspects of our modern world.

Today, it offers old historical palaces and modern shopping centres, traditional hotels, Austrian food and haute cuisine, typical Viennese coffee houses and restaurants, outstanding opera performances, classical concerts and open-air festivals, antique shops and elegant boutiques – all joined in incomparable Viennese harmony.

## Congress Venue

ESPEN 2009 will be held at the Messe Wien Exhibition & Congress Centre (Messeplatz 1, A-1021 Vienna, [www.messecongress.at](http://www.messecongress.at)).

This Congress Centre, inaugurated in 2004, is located on the edge of the inner city of Vienna.

Vienna International Airport is a mere 30 minutes away and the historical city centre can be reached in 15-20 minutes. Over 1,700 national and international conferences and meetings, attended by around 275,000 delegates – most of them from abroad – take place in this stimulating setting each year. It offers sophisticated and versatile facilities.

## Important Dates and Deadlines

Opening of Abstract submission:

**12 January 2009**

Closing of Abstract submission:

**3 April 2009**

Opening of late breaking Abstract submission:

**25 May 2009**

Early registration deadline:

**7 June 2009**

Deadline for late breaking abstracts (posters only):

**26 June 2009**

No refunds for cancellation after:

**3 July 2009**

**Website: [www.espen.org](http://www.espen.org)**

### Organising Secretariat

MCI has been selected by Central ESPEN as the official Congress Organiser to process registrations, hotel reservations, and excursions. Information on the commercial exhibition as well as organisation and sponsorship of special events may also be obtained from the Organising Secretariat.

All correspondence should be sent to:

**ESPEN 2009**

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Website: [www.espen.org/vienna](http://www.espen.org/vienna)

Information regarding the programme of the Congress will be available on the ESPEN website from February 2009.